

REGISTRATION:

JCRRC Members.....\$25

Earlybird.....\$25

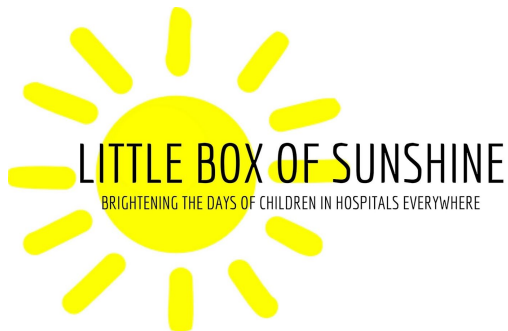
After March 23.....\$30

T-shirt guaranteed ONLY to earlybird entrants.

***This race is a JCRRC Series race.**

EARLY PACKET PICK UP:

Friday, April 5, from 4-6 p.m. at Carson & Coil, P.C. (515 East High Street).



RACE START/FINISH:

Same-day registration will begin at 8 a.m. at the Edgewood Greenway parking lot. **The race will begin at 9 a.m. rain or shine.** Runners will start the race, followed by walkers, then rollers.

COURSE:

Jefferson City Greenway Trail
West Edgewood Drive

Runners will start on the street and merge onto the sidewalk.

Water station at start, midpoint, and finish.

AWARDS:

Awards will be presented to the top three male and female finishers in each category (Walk, Run & Roll).

All finishers will receive a custom finisher's medal.

A pin to put on the ribbon of the finisher's medal will be awarded to the top three finishers in each age category.

AWARDS CEREMONY:

The awards ceremony will take place immediately following the race.

2019 Little Box of Sunshine 5K Walk, Run & Roll Registration

***ONE FORM PER PERSON, PLEASE**

Name: _____

Address: _____

Phone: _____ Age: _____

DOB: ___/___/___ Male Female

Walker Runner Roller

NO jogging/running in walker division!

Email: _____

Shirt Size: YM YL AXS AS AM AL AXL

Please return this registration form and fee to Little Box of Sunshine (P.O. Box 105773, Jefferson City, MO 65110).

WAIVER: I acknowledge and represent that I am physically fit and sufficiently trained to participate in an event of this nature, and I accept full responsibility for any injury or accident resulting from my participation in this event, and release from any and all liability Little Box of Sunshine, all race sponsors, and any race officials.

Signature: _____

***Parent signature if participant is under 18**

Date: ___/___/___ Check #: _____

Amount Paid: _____